



February

2026

Weekly Focus:

Week 1: Duck Unders & Body Locks

Week 2: Duck Unders & Body Locks

Week 3: Body Lock Takedowns & Pressure Passing

Week 4: Body Lock Takedowns & Pressure Passing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 Week 1	02 <ul style="list-style-type: none">BJJ with Hunter @ Marana, 7-9pm	03	04 <ul style="list-style-type: none">BJJ with Eric @ Marana, 7-9pm	05 <ul style="list-style-type: none">BJJ/Wrestling with Mike @ Undisputed South, 7:00-8:00pm	06 <ul style="list-style-type: none">Open Mat @ Mako, 6-7:30amBJJ with Luis @ Marana, 4-5:30pm	07 <ul style="list-style-type: none">Open Mat @ Sonoran, 10am-12pmOpen Mat @ Mako, 11:15am-12:30pm
08 Week 2	09 <ul style="list-style-type: none">BJJ with Nick @ Marana, 7-9pm	10	11 <ul style="list-style-type: none">BJJ/Judo/Wrestling with Brendon@ Marana, 7-9pm	12 <ul style="list-style-type: none">BJJ @ Undisputed South, 7:00-8:00pm	13 <ul style="list-style-type: none">Open Mat @ Mako, 6-7:30amBJJ with Eric @ Marana, 4-5:30pm	14 <ul style="list-style-type: none">Open Mat @ Sonoran, 10am-12pmOpen Mat @ Mako, 11:15am-12:30pm
15 Week 3	16 <ul style="list-style-type: none">BJJ with Hunter @ Marana, 7-9pm	17	18 <ul style="list-style-type: none">BJJ/Judo/Wrestling with Brendon@ Marana, 7-9pm	19 <ul style="list-style-type: none">BJJ @ Undisputed South, 7:00-8:00pm	20 <ul style="list-style-type: none">Open Mat @ Mako, 6-7:30amBJJ with Luis @ Marana, 4-5:30pm	21 <ul style="list-style-type: none">Open Mat @ Sonoran, 10am-12pmOpen Mat @ Mako, 11:15am-12:30pm
22 Week 4	23 <ul style="list-style-type: none">BJJ with Nick @ Marana, 7-9pm	24	25 <ul style="list-style-type: none">BJJ/Judo/Wrestling with Brendon@ Marana, 7-9pm	26 <ul style="list-style-type: none">BJJ @ Undisputed South, 7:00-8:00pm	27 <ul style="list-style-type: none">Open Mat @ Mako, 6-7:30amBJJ/Judo/Wrestling with Brendon @ Marana, 4-5:30pm	28 <ul style="list-style-type: none">Open Mat @ Sonoran, 10am-12pmOpen Mat @ Mako, 11:15am-12:30pm